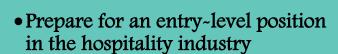
Culinary Arts 1 & 2





Mission Val

• Learn to taste and identify ingredients

## Culinary Arts 1:

This competency-based course is geared to introduce students to the Hospitality and Food Service Industry. Included in the course are sections on food safety and sanitation, basic culinary terms, hospitality standard skills, knife skills, fundamentals of cooking techniques, pantry, soups, and basic pastry. Integrated throughout the course are career preparation standards that include basic academic skills, communication, interpersonal skills, problem solving, workplace safety, technology and employment literacy.

Earn Mission College Credit for Year 1

## Culinary Arts 2:

Prerequisite: Culinary Arts 1. Students continue to focus on sanitation, safety, and knife skills. Students gain advanced skills in preparing stocks, soups, sauces, and main entrees courses, nutrition, costing out recipes and menus in addition to other culinary math skills, menu design and regional cooking.

To enroll or learn more about this program, talk to your counselor, visit your career center, or contact

Chef Buhain at: <a href="mailto:vbuhain@mvrop.org">vbuhain@mvrop.org</a>

More information is also available at:

http://www.mvrop.org/instructor/vbuhain.html or www.mvrop.org