

Sports Therapy 1



9.23



- Prepare for entry-level positions in the sports medicine or the healthcare industry
- Explore and discover basic care and prevention of athletic injuries
- All students must maintain a B or better with successful completion of class work and attendance or they will not be eligible for an internship and will be dropped at the end of Semester 1.

UC “g” Credit

Earn Chabot College Credit for Year 1

Students will learn the concepts of injury recognition, evaluation, management and rehabilitation. Students will gain practical experience with adhesive taping and protective padding techniques; as well as the use of therapeutic modalities, and emergency first aid procedures as applied to athletic injuries. In addition, students will gain valuable hands-on experience at community classroom sites including physical therapy clinics, chiropractic offices, fitness facilities and athletic training rooms. *Students will earn CPR certification. Internships are required. Students must meet all requirements to participate in internships.* Note: proof of COVID-19 vaccinations may be required at internship site. *An Internship is Required.*

To enroll or learn more about this program, talk to your counselor, visit your career center, or contact Mrs. Lee at: llee@mvrop.org



More information is also available at:

<http://www.mvrop.org/instructor/llee.html> or www.mvrop.org