

Sports Therapy 1 & 2



- Prepare for entry-level positions in the sports therapy or the healthcare industry
- Explore and discover basic care and prevention of athletic injuries

Meets UC Area “g” Requirement
Earn Chabot College Credit for Year 1

Students will learn the concepts of injury recognition, evaluation, management and rehabilitation. Students will gain practical experience with adhesive taping and protective padding techniques; as well as the use of therapeutic modalities, and emergency first aid procedures as applied to athletic injuries. In addition, students will gain valuable hands-on experience at community classroom sites including physical therapy clinics, chiropractic offices, fitness facilities and athletic training rooms. Students become CPR certified. *An Internship is Required.*

To enroll or learn more about this program, talk to your counselor, visit your career center, or contact Mrs. Lee at: llee@mvrop.org

More information is also available at:
<http://www.mvrop.org/instructor/llee.html>
or www.mvrop.org

